

C ALLYL-ISOTHIOCYANATE

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ALLYLISOTHIOCYANATE

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	Reference
Alliaria petiolata	Plant	40	460	--	
Armoracia rusticana	Root	400	2592	--	
Brassica juncea	Seed	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Brassica nigra	Seed	6510	11760		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Brassica oleracea var. botrytis L.	Leaf	--	--	--	
Brassica oleracea var. capitata L.	Leaf	--	20		Jim Duke's personal files.
Brassica oleracea var. gemmifera	Seed	--	--		
Brassica oleracea var. italicica	Leaf	--	--		Stitt, Paul. Why George should eat broccoli.
Eruca sativa	Hs	--	--	--	
Wasabia japonica	Plant	--	--		Tucker, A. O. and Debaggio, T. 2000. The Big Book of Herbs. Interweave Press, Inc. Loveland, CO. 688 pp.